

Appendix 1

Evaluation Report – Commissioned VCS Projects 2015/16

Commissioned Work and Costs	Key outputs/outcomes	No. of hours of direct delivery	No. of beneficiaries	No. of volunteers supporting delivery
<p><b>Markfield Mayflower Project -</b> (Markfield Community Association) - <b>£1,500</b>            To build on the success of the existing Mayflower Club - Provision of co-ordinated support for vulnerable people over the age of 50 and their carers, to enable improved health, happiness and wellbeing. By extending membership to people of all ages who have disabilities, those who are often housebound as well as those who, for whatever reason, are experiencing isolation and loneliness. Continuing to provide a coordinated rural information and support service as well as social activities through the Mayflower club sessions</p>	<p>Membership has risen to 54 members with an average attendance of 21 people per session            11 new members either have disabilities, are housebound or suffering from loneliness            4 members have been referred to other agencies for help, advice or support            10 agency or activity talks provided            14 external agencies and support services involved            3 members are actively involved in volunteer work at the project            Production of a Project Guide and Directory that can be used by others who may wish to develop a similar project</p>	<p>50</p>	<p>79</p>	<p>3</p>

<p><b><u>Kingscroft Bowling Club, Earl Shilton - Bowls Development - £2,561.60</u></b>  Kingscroft Bowls Club are looking to attract more junior members along with parents, grandparents and carers to participate in the game. This will be achieved by working in partnership with local schools, the local authority, youth clubs, community house and other organisations. There will also be indoor facilities available throughout the winter.</p>	<p>Provision of diversionary activities for young people, and creation of inter-generational learning and development, in a friendly setting.  The club has gained 5 new bowlers for the coming season  As a result of engagement with schools to promote this opportunity, we have been invited to take this project into schools, starting with 3, between April – July 2016, running each session over a five week period.</p>	53	36	6
<p><b><u>Hinckley Baptist Pathways – Journey Well with Dementia £2,646.80</u></b>  <b><u>Aims of the project</u></b>  To widen the remit of the dementia respite care (Take a Break) that we already offer in relation to specific behavioural issues and personal care needs.  To enable potential new clients to overcome anxiety and stress that stops them accessing our service.</p>	<p>Ability for the carer to feel secure in knowing their loved one is with people they trust.  Carers get time on their own for a break from caring.  Seeing the relationship between the carer and the person with dementia bloom as they recall their personal life story.  Enabling the client to engage in activities that enhance their sense of self, of who they are and what they have achieved in their lives.</p>	106	161	7

<p>To offer new reminiscence therapy sessions both within existing work in the Pathways Centre and in the wider area of Hinckley &amp; Bosworth.</p>	<p>Feeling they are in a relaxed environment where they are accepted for who they are and not being judged.</p> <p>Carers began to engage with other carers resulting in peer support.</p> <p>We have a much larger variety of activities which will be continued to be used in our Dementia work. This enables us to cater for a wider variety of people.</p> <p>Having increased our client base for a day respite, <b>and we are now sustainable to continue to employ a second worker</b></p> <p>We can continue to take our Journey Well with Dementia activities further afield than the town centre and undertake activities in surrounding communities</p>			
<p><b><u>Emmaus Leicestershire and Rutland – The Workshop</u></b> <b><u>£2,950</u></b></p> <p>The aim of the project is to enable companions to be motivated to be engaged in working and to help them to undertake activities that will promote confidence, self-esteem, and improve their</p>	<p>Companions feeling more positive and with increased confidence in their work.</p> <p>Increased collections of donated furniture and sales in the social enterprises.</p> <p>More electrical appliances being tested and reused and fewer ending up in landfill.</p> <p>Emmaus Companions, volunteers and staff</p>	160	25	5

<p>mental health and wellbeing. A variety of tools and PAT testing equipment will be acquired to enhance the project.</p>	<p>having the necessary tools to do their day to day work.  Increased efficiency.</p>			
<p><b><u>Green Towers – Young People Staying Healthy with Modern Dance</u></b> <b><u>£625</u></b> Young People staying healthy with modern, street and alternative dance classes. The aim is to engage young people who ordinarily would not be able to afford such dance sessions, support them in their learning of a new skill or improving upon skills already learnt whilst keeping healthy and having fun.</p>	<p>YP's learning new skills in a supportive environment Encouraged health and fitness in YP's YP's performed in an end of term show for the parents/friends Affordable and available to all (inclusive not exclusive) Attendance grew significantly as word got out - 259 attendees over the 19 sessions was extremely encouraging</p>	25	259	3
<p><b><u>Burbage Youth Project- BYP Classic Car Restoration</u></b> <b><u>£2,745</u></b> Delivery a range of activities around car maintenance and classic car restoration, for young people that enables the young person to gain skills and knowledge, raise self-</p>	<p>The project has resulted in: 1 Full time apprenticeship 2 college placements and 1 securing of employment at a local garage</p>	44	10	7

<p>awareness, self-esteem and confidence, increased opportunity with apprenticeship, training / employment and work experience in a safe controlled workshop.</p>				
<p><b><u>St Mary's Parish Church</u></b>  <b><u>Hinckley- Community</u></b>  <b><u>Production of Joseph and the Amazing</u></b>  <b><u>Colour Dreamcoat.</u></b>  <b><u>£2,990.57</u></b>          To delivery a community production of Joseph and the Amazing Technicolour Dreamcoat, to be performed in St Mary's Church. This will be performed by a main cast of teenagers and young adults. They will be supported by a live band of mixed ages, a children's and youth choir, and a community choir of all ages. There will also be a back stage technical and front of house team.</p>	<p>Built a community that gives inspiration and opportunities through community drama</p> <p>Increased physical activity, built confidence and self esteem, contributing to good mental health and wellbeing through teamwork</p> <p>Enabled positive and constructive interaction and relationships between a varying age group - 5 years to retirement years</p> <p>Directly reduced isolation and loneliness for many participants, who have made new friends through a shared experience, and established a sense of belonging for many participants</p> <p>As a result the children's choir has been formed, and will continue to run with the support of a volunteer, to keep creativity and positively flowing with young people. This</p>	<p>54</p>	<p>93</p>	<p>7</p>

	has it's first meeting in April 2016 and was very well attended			
<p><b><u>ACCEPT- ACCEPT Allotment Project Barwell</u></b>  <b><u>£3,000</u></b></p> <p>To promote wellbeing, confidence and self-esteem and reduce low lying mental health such as feelings of stress, anxiety and depression. This will be achieved through providing opportunities to form new friendships, connect with nature and develop skills including gardening, cooking, growing fruit and vegetables and other outdoor related activities in which individuals are interested.</p>	<p>Individuals with mental health issues, many of whom were previously isolated and inactive, have reported a number of benefits, including:</p> <p>An improvement in physical health through participating in regular physical activity, healthy eating and being outdoors on a regular basis.</p> <p>An improvement in mental health and greater levels of confidence and self-esteem, with a reduction in anxiety and depression.</p> <p>Experiencing acceptance and belonging in place of isolation and stigma.</p> <p>Confidence in their own abilities through having opportunity to use / develop existing skills / pass knowledge on to others:</p> <p>Learning new skills, including gardening, cooking and a variety of other outdoor related skills and knowledge.</p> <p>Improved confidence in interacting socially, having formed reciprocal friendships with other group members and meeting outside of project times.</p> <p>Seeking further opportunities to be involved in the community, as a result of being involved:</p>	132	10	7

	<p>1 member volunteering at Barwell Community House and sharing skills learned at the Allotment Project.</p> <p>1 member volunteering at a local church.</p> <p>2 members joining college courses and 1 providing a presentation about the project.</p> <p>3 members joining an ACCEPT Adventure climbing group.</p> <p>2 members applying for their own allotment</p>			
<p><b><u>Hinckley &amp; Bosworth Community Transport and Multiple Sclerosis Society (Hinckley &amp; District Branch)</u></b>  <b><u>£2,990</u></b></p> <p>The aim is to continue to provide access to existing/developing social and health groups for those affected by Multiple Sclerosis by providing affordable and accessible transportation. Thus ensuring that those with MS are not socially excluded by their condition.</p>	<p>Provision of exercise groups and monthly social drop-in groups and advice and information</p> <p>Reduced social isolation and maintenance of independence resulting in an improvement in both mental and physical health (wellbeing).</p> <p>Establishment of new contacts and friendships</p> <p>Access to affordable, accessible transport.</p> <p>Respite for cares whilst those affected by MS attend events and activities.</p> <p>Provision of meaningful volunteering opportunities.</p> <p>Wider awareness of MS and the services</p>	300	150	25

	provided by both HBCT and the MS group			
<p><b><u>Next Generation Community Connect– Next Direction (Emotional Health and Wellbeing Project)</u></b>  <b><u>£2,934.36</u></b>  To offer a free holistic professional adult counselling service within our community to those who are vulnerable, at risk and require immediate vital support. In conjunction with this, Next Direction level 1-2 workshops will be offered to people who need additional support to the counselling, and / or support to break down barriers, gain self-worth and confidence and take their lives forward in a positive direction.</p>	<p>Evidence of clients gaining confidence and self esteem during the Next Direction therapy sessions.  Some clients have moved on to attend college, or community courses.  Some clients have become volunteers helping others.  Clients have started to break down the barriers that prevented them finding their next direction in life.</p>	208	40	2
<p><b><u>Green Towers – Developing Young Volunteers</u></b>  <b><u>£1,575</u></b>  To support the emotional wellbeing and mental health of young volunteers both current (12 at present) and future</p>	<p>Implementation of Young Volunteers training packs which included understanding of Club Policies, Safe Guarding, Codes of Conduct, Fire and First Aid Procedures, Health and Safety Policies  Young Volunteers completing session plans and risk assessments for activities</p>	99	912	32



<p>volunteers aged 14-17 to advance their sustainable learning programme, offering opportunities through supportive monitoring, coaching and mentoring.</p>	<p>Young Volunteers completing external courses (e.g. Foundation First Aid; Kirby Roberts, Jessica Clarke, and Josh Lucas) and internal training courses (e.g. Fire procedures quiz)          Young Volunteers being able to really feel valued in their role (mental and emotional wellbeing) and not only assist with the operation of the Youth Club but actually make a difference</p>			
<p><b><u>Hinckley Running Club Juniors- New Equipment/Uniforms</u></b>  <b><u>£1,005.06</u></b>          Our two equipment purchases will be used by a wide variety of athletes, they are fun to use and their use will not feel like exercise to the athletes. Sometimes athletics can be seen as elitist but these pieces of equipment can be used in a variety of ways to further enhance our ethos of being all inclusive to all children. The uniform will promote a more professional appearance and make the coaches instantly recognizable to parents and</p>	<p>We have become a more professional club , which will continue to grow organically whilst providing value for money exercise for children of all abilities.</p>	<p>30</p>	<p>66</p>	<p>6</p>

children alike.				
<p><b><u>Hinckley Swimming Club- Junior Volunteer Teacher Training</u></b>  <b><u>£2,300</u></b></p> <p>To encourage members between the ages of 14 and 18years to maintain their participation in the sport and continue to benefit from positive health and wellbeing that physical activity brings.  To give these members a sense of responsibility, to improve their confidence, their social skills and provide them with the opportunity to find employment.  To give younger members positive role models to aspire to.</p>	<p>All five beneficiaries completed their training and have gained vital experience in teaching. They have grown in self-confidence and are ready and eager to take on further responsibilities within the club and It has enabled them to find part-time employment while continuing to be a club volunteer.</p> <p>The training of the Junior teachers has provided the club with 5 new qualified teachers who are keen and knowledgeable and who are key in continuing to provide a much needed service which in turn will have a positive impact on the health and wellbeing of those within the club and the community as a whole.</p>	260	10	5